

FEMALE SINGLE AGE 12 km RECORDS

Name	Town	St	Time	Age	Date	Place/race
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Paula Leach	Tulsa	OK	50:22	08	09-86	Tulsa/Mohawk/TRC
Paula Leach	Tulsa	OK	50:08	09	09-87	Tulsa/Constitution200
Jafumbwa Asad	Tulsa	OK	1:00:46	10	10-83	Tulsa/Mohawk/TRC
Dawn Burris	Tulsa	OK	56:48	11	10-83	Tulsa/Mohawk/TRC
Kris York	Tulsa	OK	53:16	16	12-84	Tulsa/Mohawk/TRC
Sandy Byrd	Sallisaw	OK	52:02	17	12-84	Tulsa/Mohawk/TRC
Hayley Jennings	Broken Arrow	OK	52:16	18	11-08	Tulsa/Glen's Run
Shauna Menz	Norman	OK	51:09	19	07-85	OKC/Draper/OGP
Johnnie Hamilton	Inola	OK	47:59	21	09-87	Tulsa/Constitution200
Karen Chance	Tulsa	OK	46:26	22	12-84	Tulsa/Mohawk/TRC
Therese Swanstrom	Grand Prairie	TX	45:27	23	09-91	Pawnee/Warriors Chall
McKale Davis	Stillwater	OK	43:56	24	11-08	Tulsa/Glen's Run
Shannon Roche	Oklahoma City	OK	51:28	26	08-95	Helena/Country Road
Karen Cramond	Edmond	OK	44:23	27	02-86	OKC/Overholser/OKCRC
Suzanne Short	Stillwater	OK	49:07	28	11-87	Pawnee/Warriors Chall
Julie Thomas	Tulsa	OK	49:37	29	12-92	Tulsa/Joe Blackman
Tiffany Cone	Oklahoma City	OK	49:37	29	11-08	OKC/Race for Hope
Katie Kramer	Oklahoma City	OK	50:24	30	11-09	OKC/Race for Hope
Ellen Hale	Tulsa	OK	47:47	31	12-92	Tulsa/Joe Blackman
Carol Madison	Tulsa	OK	47:13	32	10-83	Tulsa/Mohawk/TRC
Martha O'Rourke	Tulsa	OK	46:30	33	12-84	Tulsa/Mohawk/TRC
Wendy Morford	Arkansas City	KS	47:52	34	09-93	Tulsa/Joe Blackman
Jacqueline Chavann	Broken Arrow	OK	51:56	35	10-83	Tulsa/Mohawk/TRC
Jeannie Seres	Tulsa	OK	51:03	36	09-85	Tulsa/Mohawk/TRC
Sandie Brandenburg	Ponca City	OK	48:00	37	12-93	Tulsa/Mohawk/TRC
Debbie Heaton	Midwest City	OK	47:56	38	02-87	OKC/Overholser/OKCRC
Martha O'Rourke	Tulsa	OK	48:28	39	09-90	Pawnee/Warriors Chall
Mary Hydrick	Tulsa	OK	49:57	40	12-92	Tulsa/Joe Blackman
Maureen Bixby	Norman	OK	48:25	42	02-85	OKC/Overholser/OKCRC
Maureen Bixby	Norman	OK	49:35	43	02-86	OKC/Overholser/OKCRC
Trudy Calloway	Wichita	KS	53:03	44	08-92	Helena/Country Road
Maureen Bixby	Norman	OK	46:45	45	09-87	Tulsa/Constitution200
Kirsten Chapman	Edmond	OK	50:07	46	11-09	OKC/Race for Hope
Terri Cassel	Tulsa	OK	48:46	47	11-08	Tulsa/Glen's Run
Joy Austin	Jenks	OK	54:08	48	09-85	Tulsa/Mohawk/TRC

Barbara Luciano	Oklahoma City	OK	51:15	49	05-00	Edmond Classic
Joy Austin	Jenks	OK	54:57	50	09-87	Tulsa/Constitution200
Pam Sneed	Cleveland	OK	52:57	51	11-06	OKC/Race for Rainbow
Pam Sneed	Cleveland	OK	53:02	52	11-07	OKC/Race for Rainbow
Vera Burton	Atlanta	KS	59:12	53	09-99	Pawnee/Warriors Chall
Julie Kelly	Stillwater	OK	54:08	54	11-07	OKC/Race for Rainbow
Lydia Borges	Tulsa	OK	53:21	55	12-96	Tulsa/Festival
Lydia Borges	Tulsa	OK	58:02	56	09-98	Pawnee/Warriors Chall
Lydia Borges	Tulsa	OK	56:38	57	05-99	Edmond Classic
Janet Myers	Bethany	OK	59:16	58	09-95	Pawnee/Warriors Chall
Janet Myers	Bethany	OK	58:58	59	08-96	Helena/Country Road
Janet Myers	Bethany	OK	59:29	60	12-96	Tulsa/Festival
Grace McCoy	Tulsa	OK	1:09:08	62	11-08	Tulsa/Glen's Run
Evelyn Rowland	Edmond	OK	1:18:30	63	11-09	OKC/Race for Hope
Opal Alexander	Tulsa	OK	1:13:44	65	12-93	Tulsa/Mohawk/TRC
Kathy Moffitt	Oklahoma City	OK	1:15:53	67	11-04	OKC/Race for Rainbow
Kathy Moffitt	Oklahoma City	OK	1:11:05	68	11-05	OKC/Race for Rainbow
Kathy Moffitt	Oklahoma City	OK	1:18:14	69	11-06	OKC/Race for Rainbow
Pat Hill	Oklahoma City	OK	1:08:44	70	05-99	Edmond Classic
Kathy Moffitt	Oklahoma City	OK	1:17:43	71	11-08	OKC/Race for Hope
Kathy Moffitt	Oklahoma City	OK	1:18:49	72	11-09	OKC/Race for Hope
Kathy Moffitt	Oklahoma City	OK	1:20:00	73	11-10	OKC/Race for Hope
Deloris Green	Oklahoma City	OK	1:23:22	74	11-05	OKC/Race for Rainbow
Deloris Green	Oklahoma City	OK	1:33:34	77	11-08	OKC/Race for Hope
Pat Hill	Oklahoma City	OK	1:27:09	78	11-06	OKC/Race for Rainbow

